A SMART action plan for exam revision and preparation

Use this space to write a specific aim for your first revision session.

Example:
Revisit the theme of the American Dream this week (SMART!)

Of Mice and Men (a more specific aim)

Revisit for the literature exam (general aim)

Specific - what exactly are you going to do?

SMART Revision is...

But how exactly do you go about it?

Before tackling your exam, you'll need to do:

Use this space to make a note of any texts, websites or TV programmes you might find useful for revision.

A SMART action plan for exam revision and preparation

Name: ____________________

Class: ____________________
SMART revision is…

Measurable - How will you measure your progress? How many pages, paragraphs, topics, or for how many hours do you aim to revise?

Top tip:

Enough sleep is as important as drinking water and eating a well balanced diet. These things can affect concentration levels.

Jot down some ideas of how you can measure your progress:

E.g.

Specific aim: To understand the relationship between Curley and his wife.

Measure: To know three quotes about their relationship and be able to explain what each quote shows.

My aim:

Measure:
Revision is...

Realistic - Be realistic about what you can achieve in the time you have available - are you kidding yourself?

A busy bee needs a plan to lead a happy life!

Think about your average weekday.

Fill out the table below to show how you spend your time:

<table>
<thead>
<tr>
<th>Activity</th>
<th>Hours per day</th>
</tr>
</thead>
<tbody>
<tr>
<td>At school</td>
<td></td>
</tr>
<tr>
<td>Sleeping</td>
<td></td>
</tr>
<tr>
<td>Eating</td>
<td></td>
</tr>
<tr>
<td>Hobbies/ sport/friends</td>
<td></td>
</tr>
<tr>
<td>Chores</td>
<td></td>
</tr>
<tr>
<td>Total</td>
<td></td>
</tr>
</tbody>
</table>

Take the total away from 24 (hours in a day) = ....... hours

This is a rough idea of how much time you can spend on revision each day, but remember you will need to take breaks while you work!

The amount of time you have available on a weekday will be different from the amount of time available on a weekend, so do it again for the weekend!